

# Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

# Fresh Catering



Spring / Summer 2023

At: **Edleston Primary School**

May 2023

M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2023

M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July 2023

M	Tu	W	T	Fri	Sa	Su
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September 2023

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

October 2023

M	Tu	W	T	Fri	Sa	Su
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2023

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		





# Spring/ Summer Menu 2023

## Week 1

## Week 2

**MONDAY**

Vegetable Ravioli with a Homemade Tomato Sauce (v)

Jacket Potato with Cheese or Tuna

Apple Cake or Fresh Fruit

**TUESDAY**

Roast Chicken & Stuffing, Potatoes, Vegetables & Gravy

Fish Finger Wrap with a Choice of Potatoes

Fruity Jelly or Yogurt Fresh Fruit

**WEDNESDAY**

Homemade Pizza & Pasta

Beef Burger in a Bun with Potatoes

Chocolate Surprise Kracholette or Fresh Fruit

**THURSDAY**

Beef Pasta Bolognese with Garlic Bread

Cheese Toastie with Vegetable Sticks (v)

Summer Fruit Sponge or Fresh Fruit

**FRIDAY**

Fish Fingers with Chips, Baked Beans or Peas

Vegan Sausage & Chips with Baked Beans or Peas (v)

Shortbread Finger with Fruit Chunk or Fresh Fruit

**MONDAY**

Vegetarian Sausage Roll with Potato Wedges (v)

Quorn Korma with Rice & Cous Cous (v)

Chocolate Crunch Finger with Fruit Chunk or Fresh Fruit

**TUESDAY**

All Day Breakfast

Jacket Potato with Cheese or Beans (v)

Melting Moment, Yogurt or Fresh Fruit

**WEDNESDAY**

Homemade Pizza & Pasta

Homemade Vegan Nuggets Wrap (v)

Flapjack or Fresh Fruit

**THURSDAY**

Breaded Chicken with Savoury Rice

Cheese Toastie with Vegetable Sticks (v)

Chocolate Surprise Sponge or Fresh Fruit

**FRIDAY**

Battered Fish & Chips with Baked Beans or Peas

Cheese or Tuna Mayo & Salad in a Wrap with Chips

Ice Cream & Fruit Coulis or Fresh Fruit

**HAM, CHEESE OR TUNA SANDWICH AVAILABLE MONDAY - THURSDAY**