



Autumn Term

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Introduction to PE – Fine Motor skills Fundamentals – Stability and balance Fundamentals Fairy tales	Fundamentals 1 Balance Fundamentals 2 Locomotion2	Fundamentals movement skills 3 Games- target 2 Dance – fire of London	Cricket Handball Dance – around the world Tri-golf	Health related fitness Dance – Romans Yoga/badminton Gym- Arching and Bridges	Tag rugby Gym – Partner work Dodgeball Tennis	Swimming OAA Swimming Volleyball

Spring Term

Emergency services Gym Fundamentals – Object control Dance – Toys	Target games Gym Net and Wall games Dance – Animals	Games- invasion Gym - pathways Tri Golf - Games- target 3	Yoga Gym – linking movements Basketball Tag rugby	Cricket OAA Flag football Netball	OAA Swimming Lacrosse Swimming	Cricket Gym Netball OAA
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Summer Term

Rock and Rolling Gym – Flight and landing Target games Stability	Invasion Games Object control 2 Athletics Orienteering Y1	New age Kurling (target) Striking and Fielding skills 2 Athletics Orienteering y2	Rounders OAA Tennis Athletics -Field	Swimming Hockey Swimming Athletics - Track	Padle/Skittleball Gym Dance - BV Athletics Track	Hockey Ultimate Frisbee Dance - Haka Athletics Track
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