



Autumn Term

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Introduction to PE – Fine Motor skills (CPD) Fundamentals – Stability and balance Dance (CPD) Fundamentals movement skills 1	Fundamentals (CPD) Object control Dance – Animals (CPD) Fundamentals/Gym Balancing & Spinning	Fundamentals movement skills 2 (CPD) Gym - pathways Dance – fire of London (CPD) Fundamentals movement skills 3	Gym (CPD) OAA Dance – around the world (CPD) Gym – linking movements	Gym (CPD) Hockey Dance – Romans (CPD) Gym- Arching and Bridges	Gym (CPD) Netball Dance - BV (CPD) Gym – Partner work	Gym (CPD) Swimming Dance - Haka (CPD) Swimming

Spring Term

Gym (CPD) Dance – Toys Fundamentals - Locomotion (CPD) Sports day - Track	Gym (CPD) Striking and Fielding skills Target games(CPD) Sports day - Track	Gym (CPD) Tri Golf - CPD Athletics Track Striking and Fielding skills 2 (CPD)	Tag rugby (CPD) Cricket Athletics -Field Handball (CPD)	Yoga (CPD) Cricket Athletics - Track (CPD) Volleyball	Dodgeball (CPD) Swimming Athletics Track (CPD) Swimming	OAA(CPD) Cricket Athletics Track(CPD) Hockey
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Summer Term

Fundamentals – Object control (CPD) Sports day Field Target games (CPD) Gym -rock and rolling	Invasion Games (CPD) Sports day Field Net and Wall games (CPD) Personal Challenges	Games- invasion (CPD) Sports day Field Games- net & wall (CPD) Games- target 3	Basketball (CPD) Tennis Tri-golf (CPD) Rounders	Netball(CPD) Swimming OAA (CPD) Swimming	Basketball (CPD) Tag rugby OAA(CPD) Lacrosse	Netball(CPD) Gym- flight Ultimate Frisbee (CPD) Volleyball
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