



# Child Friendly Anti-Bullying Policy



- Consideration
- Aspiration
- Responsibility
- Enjoyment

## What is bullying?

At our school bullying is, "hurting someone on purpose more than once."

## What is not bullying?

At our school bullying is not, "falling out with your friends or accidentally hurting someone."

### Types of bullying behaviour:

#### Physical Bullying

- Punching or hitting
- Kicking
- Pushing
- Nipping or biting

#### Emotional Bullying

- Saying unkind words
- Leaving someone out on purpose
- Name calling
- Telling lies about someone or spreading rumours
- Telling someone they can't be friends with someone

#### Cyber Bullying

- Unkind text messages or emails
- Unkind comments on social media or trolling
- Sharing personal information about someone else without their permission e.g. a photo

### RAINBOW RULES

- Smile!
- Use 'please' and 'thank you.'
- Offer to help.
- Be polite
- Hold the door.
- Say 'Hello!'
- Smile!
- Pay a compliment.

**S**everal  
**T**imes  
**O**n  
**P**urpose

### Other types of bullying include:

- Saying unkind words about the colour of someone's skin (Racial Bullying)
- Saying unkind words about someone's religious beliefs
- Saying unkind words about someone's gender

Everyone at our school is responsible for anti-bullying but some adults you might talk to are:

1. Your teacher
2. Mrs Edge or Mrs Thys-Holland
3. Miss Goldsmith, Miss Procter or Miss Astles
4. A lunchtime supervisor

### If you are being bullied you should:

- Walk away
- Find somewhere safe, not on your own
- Tell your trusted adults
- Use the Learning Mentors' post box
- Tell the Behaviour Support Workers
- Tell the kindness ambassadors

### What you shouldn't do:

- Don't bully back
- Don't blame yourself
- Try not to show you're upset or angry
- Don't get into an argument with the bully

### What our school does to respond to bullying:

- We give children the information they need to know what bullying is
- We help children to know what to do if they are being bullied or see someone being bullied
- We don't tolerate the bullying behaviour
- We contact the parents or carers of the children involved



**TREAT OTHERS**  
the way  
*you*  
want to be  
**TREATED.**

This policy was developed by the Anti-bullying Ambassadors.