



Cheshire Autism
Practical Support

Autism Training & Support

to be delivered across South Cheshire and Vale Royal.

ChAPS will be offering parent training programmes in the Northwich, Winsford, Crewe and Middlewich areas on behalf of NHS South Cheshire CCG & NHS Vale Royal CCG - delivered by



The 6 week programme will include
a range of topics such as:

- Autism and diagnosis
- Communication
- Senses and Sensory issues
- Sleep
- Understanding and positively managing behaviour
- Anxiety
- Listening, understanding and interacting effectively
- Puberty and Sex Education
- Girls on the Spectrum
- Comic Strips and Social Stories

Topics will be tailored to the needs of the group

Your health, education or social care professional has given you this flyer to book onto this training.

Please use the code CCGPT to complete the form on our website.

www.cheshireautism.org.uk

Inspiring families to achieve more